



Sunday 24 April

### "Hall for Yew"

An 11km (7 mile) walk through the grounds of Ormiston Hall and nearby woodlands. We'll get to visit one of East Lothian's finest trees, pass an extremely haunted house and we'll also see a large Polish hedgehog!

Sunday 29 May

### Up and Doon

Walking in the foothills of the Lammermuirs we will take in sights such as Doon Hill, Pressmennan Wood, Thorters Reservoir and Nunraw Abbey. A walk of roughly 15km (9miles), walking on quiet country roads, metalled paths and field margins, requiring moderate fitness. Those who wish can finish with refreshment at the Garvald Inn.

**Return transport will be provided.**

East Lothian Countryside Ranger Service also has a separate leaflet detailing its programme of summer events. Both of these brochures are available from a wide variety of outlets and from the East Lothian Council Countryside Department.

## Information and Booking

**Cost:** £4 per person, per hike.

Walking boots are recommended for all hikes, as well as waterproofs, hats and gloves. Routes may be varied depending on the weather conditions. Remember we can only proceed at the pace of the slowest person.

**Please note:** These hikes are not suitable for children or for people with restricted mobility.

On the hikes, please bring along a packed lunch.

Sorry, but no dogs are permitted on any of these hikes.

Emergency contact details and any relevant medical information will be required from all participants before undertaking these hikes. This information will be treated in the strictest confidence and will be destroyed after the walk. A home or personal contact number will also be required in the event of a hike cancellation.

**As places are limited, bookings must be made prior to each and every hike.**

**To book a place telephone  
01620 827421**

**All this information is also available on the Council website at:**

[www.eastlothian.gov.uk/rangerevents](http://www.eastlothian.gov.uk/rangerevents)

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# Guided Hikes 2015/16



[www.eastlothian.gov.uk/rangerevents](http://www.eastlothian.gov.uk/rangerevents)



2015

Sunday 31 May

### Hopes Circuit

A strenuous 17.5km (11mile) hill walk taking in the summits of Lammer Law and Whitestone Hill as well as the picturesque Hopes Reservoir, returning by country lanes. Mostly tracks and tarmac roads, but steep and uneven terrain in places.

Saturday 20 June

### Mid-summer Madness

A 14.5km (9mile) circular coastal walk in the twilight darkness of the longest day! Most of this route is along well made tracks though some, particularly along the coast, is on uneven grassland surfaces.

**Please bring along a torch.**



Sunday 26 July

### Mills and Hills

A 16km (10mile) circular walk from Haddington, making our way along the river, through farmland and past ancient hill forts in the Garleton Hills, all bathed in sunshine (subject to availability).



Sunday 30 August

### Carfraemill via Lammer Law

A 17.5km (11 mile) walk over the Lammermuir hills to Carfraemill, finishing with a pint in the Carfraemill Inn! A moderate hill walk, mostly along well-defined tracks, but with some open hill walking.

**Return transport will be provided.**

Sunday 27 September

### Gullane, Gosford and (maybe) Geese

A 16km (10 mile) walk following a figure of eight route between Gullane and Gosford Estate, returning via the coast. The hike is mostly along well used footpaths, although there will be some walking on soft sand and other uneven surfaces.

Sunday 25 October

### Sea Cliff Ramble

A gentle 9.5km (6mile) circular route through thick mature woodland, open farmland, sandy beach and along some quite country roads.

Sunday 29 November

### One Direction?

Go from navigation newbie to being confident with a compass on one journey! On a leisurely paced circular hike we'll cover the basics of map and compass so you have the skills to go your own way in the great outdoors. 11km (7miles), more if you read the wrong end of the compass. Some shoreline terrain and short steep slopes.

**Maps and compasses provided on the day.**



2016

Sunday 31 January

### New Year Ramble

A 14.5km (9mile) circular walk from Garvald to Morham exploring a hidden fort, an ancient churchyard and a small loch along the way. Optional cuppa at Garvald Inn afterwards! Our hike may be muddy and uneven underfoot on footpaths, quiet roads and field margins.

Sunday 28 February

### Castles and Mansions

A 13km (8mile) circular walk through lowland East Lothian. The route follows well defined tracks although there are some short sections of quiet country lane. Along the way we pass some imposing buildings from a by-gone day.



Sunday 27 March

### Faseny to Gifford (via Meikle Says Law)

A 17.5km (11 mile) walk through the Lammermuir Hills to Gifford with spectacular views across East Lothian along the way. A moderate walk (more down than up!) through moorland, farmland and woodland. Mostly along well-defined tracks with some quiet country lanes.

**Return transport will be provided.**

